

PET BIRD ENRICHMENT TOOL



LOVEBIRD

Tailored Enrichment
Plans for Every Stage
of Your Bird's Life



SING. PLAY. BEAUTIFY.

SPECIES-SPECIFIC GUIDES

LOVEBIRD

JUVENILE (0–6 MONTHS) – LEARNING TO PLAY & BUILD CONFIDENCE

Young lovebirds are busy exploring their world, learning to use their beak and feet to play and interact. This is a key stage for social bonding and developing comfort with new experiences.

Toys: Lightweight foot toys, crinkly paper, bells, and soft chewables like woven palm leaf or soft balsa wood.

Activities: Gentle handling, peekaboo, and supervised out-of-cage exploration with soft landings.

Environment: Cage with multiple low perches, space to flap wings, and bright, varied textures.

Nutritional Enrichment: Introduce finely chopped fresh produce—especially romaine lettuce and seasonal fruits like apple or melon—placed in small foraging cups or clipped to the cage.



SING. PLAY. BEAUTIFY.

SPECIES-SPECIFIC GUIDES

LOVEBIRD

**ADULT (6 MONTHS – 10 YEARS)
– ENERGETIC, BONDING &
ALWAYS BUSY**

Adult lovebirds are active, curious, and love interacting with toys, their mate (or human), and their environment. They're also known for their shredding obsession—use that to your advantage!

Toys: Paper shredders, foraging boxes, swings, natural wood chews, and toys with stringy textures or hanging parts.

Activities: Trick training, flying to your hand, mirror games (in moderation), and rotating their play environment weekly.

Environment: A large cage with horizontal space for climbing, rope perches, and multiple foraging zones.

Nutritional Enrichment: Offer leafy greens (like romaine lettuce), seasonal veggies (carrot ribbons, zucchini slices), and fruit skewers. Wrap food in paper or hide in crumpled foraging toys to make meals interactive.



SING. PLAY. BEAUTIFY.

SPECIES-SPECIFIC GUIDES

LOVEBIRD

SENIOR (10+ YEARS) – CALMER, STILL CURIOUS & ENJOYING FAMILIAR COMFORTS

Senior lovebirds may slow down a bit but still benefit from enrichment that encourages gentle movement and foraging.

Toys: Familiar soft toys, gentle hanging items, and easily accessible foraging trays.

Activities: Calm one-on-one interaction, exploring soft fabric tunnels, or foot toys placed on flat surfaces.

Environment: A safe, low-stress cage setup with cozy perches and minimal rearrangement.

Nutritional Enrichment: Provide soft seasonal fruits like ripe mango, steamed vegetables, and chopped romaine lettuce placed within easy reach or layered in low-effort foraging toys.



SING. PLAY. BEAUTIFY.

TIPS FOR SUCCESS



LET THEM SHRED: LOVEBIRDS ADORE SHREDDING, SO OFFER BIRD-SAFE PAPER, PALM LEAF, OR CARDBOARD DAILY TO SATISFY THIS NEED.



ROTATE & REFRESH: CHANGE TOYS AND THEIR PLACEMENT REGULARLY TO MAINTAIN NOVELTY.



PAIR OR CARE: LOVEBIRDS DO BEST IN PAIRS—BUT IF KEPT SOLO, THEY NEED MORE ATTENTION FROM THEIR PERSON TO STAY SOCIALLY FULFILLED.



ENCOURAGE FORAGING: TURN SNACK TIME INTO A GAME BY HIDING BITS OF FOOD IN PAPER, EGG CARTONS, OR HANGING CUPS.



PROVIDE FLIGHT TIME: IF POSSIBLE, GIVE SAFE, SUPERVISED OUT-OF-CAGE TIME TO BURN OFF ENERGY AND EXPLORE.



WATCH FOR AGGRESSION: LOVEBIRDS CAN BE TERRITORIAL—MONITOR PAIRED BIRDS AND OFFER MULTIPLE ENRICHMENT ITEMS TO AVOID SQUABBLES.

