

BIRD ENRICHMENT TOOL



FINCHES

Tailored Enrichment
Plans for Every Stage
of Your Bird's Life



SING. PLAY. BEAUTIFY.

SPECIES-SPECIFIC GUIDES

FINCHES

JUVENILE (0–6 MONTHS) – FLEDGING, LEARNING & LIGHT STIMULATION

Young finches are learning to fly, forage, and navigate their environment. Enrichment should gently support exploration and skill-building without overwhelming them.

Enrichment Essentials:

Toys: Simple swings, small mirrors, and bells (introduced gradually)—nothing too heavy or complex.

Activities: Flight space is key—set up a roomy flight cage with horizontal bars for movement.

Environment: Include multiple perches of varying thickness, small natural branches, and space to fly.

Nutritional Enrichment: Offer millet sprays and fresh leafy greens like romaine lettuce clipped near favorite perches to encourage gentle foraging.



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SPECIES-SPECIFIC GUIDES

FINCHES

ADULT (6 MONTHS – 6 YEARS) – HIGH ACTIVITY & ENVIRONMENTAL VARIETY

Adult finches are energetic and curious. Enrichment should focus on variety, flight space, and naturalistic foraging opportunities.

Enrichment Essentials:

Toys: Foraging grass mats, bird-safe shreddables, swings, and hanging bundles of dried herbs or grasses.

Activities: Introduce seed scavenger trays, scatter feed in clean cage corners, and rotate accessories weekly.

Environment: Provide horizontal flight space, visual stimulation, and privacy areas like bird tents or dried grass hideaways.

Nutritional Enrichment: Rotate leafy greens like romaine lettuce and offer seasonal vegetables (e.g., grated zucchini, chopped carrot tops) tucked into cage crevices or clipped to the side.



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SPECIES-SPECIFIC GUIDES

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SENIOR (6+ YEARS) – COMFORT, FAMILIAR SOUNDS & LIGHT MOVEMENT

Older finches may slow down and benefit from a stable, familiar routine. Enrichment should encourage light activity and mental stimulation without causing stress.

Enrichment Essentials:

Toys: Lightweight hanging toys and familiar items that don't require much interaction.

Activities: Calm cage rearrangements, soft background sounds (like birdsong or nature sounds), and visual contact with flockmates.

Environment: Ensure easy-to-navigate perches, reduce clutter, and avoid overcrowding.

Nutritional Enrichment: Offer finely chopped soft produce and leafy greens such as romaine lettuce in easy-to-reach spots to support foraging without extra effort.



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TIPS FOR SUCCESS



THEY NEED FRIENDS: ALWAYS KEEP FINCHES IN PAIRS OR SMALL GROUPS—THEY'RE FLOCK BIRDS AND DO NOT THRIVE ALONE.



FLIGHT SPACE OVER TOYS: THE ABILITY TO FLY FREELY IN A SAFE, SPACIOUS ENVIRONMENT IS THE MOST IMPORTANT ENRICHMENT OF ALL.



KEEP IT CLEAN: ROTATE AND CLEAN TOYS AND ACCESSORIES REGULARLY TO PREVENT BOREDOM AND ILLNESS.



OBSERVE & ADJUST: WATCH HOW YOUR FINCHES INTERACT WITH THEIR ENVIRONMENT—SOME LOVE MIRRORS, WHILE OTHERS PREFER NATURAL MATERIALS.



SAFE GREENERY: LEAFY GREENS LIKE ROMAINE LETTUCE NOT ONLY SUPPORT NUTRITION, BUT ALSO ENCOURAGE FORAGING AND NATURAL BEHAVIORS IN ALL LIFE STAGES.

