# PET BIRD ENRICHMENT TOOL



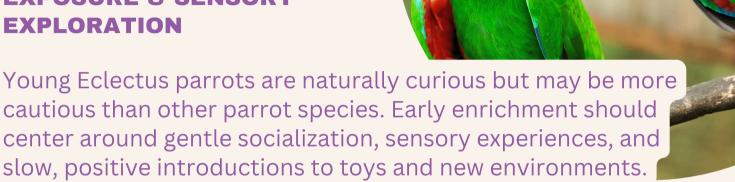
ECLECTUS PARROTS

Tailored Enrichment
Plans for Every Stage
of Your Bird's Life



#### **ECLECTUS PARROTS**

BABY (0-6 MONTHS) - GENTLE EXPOSURE & SENSORY EXPLORATION



Toys: Soft, colorful toys made from natural materials like palm, seagrass, or coconut; foot toys with different textures.

Activities: Quiet handling sessions, talking softly, and simple interactive games like peekaboo.

Environment: A calm, secure setup with easy-to-reach perches and space to explore without overwhelming stimulation.

Nutritional Enrichment: Offer soft fruits (like papaya or mango) and steamed orange vegetables; place leafy greens such as romaine lettuce in easy-to-see areas to gently encourage foraging.

#### **ECLECTUS PARROTS**

JUVENILE (6 MONTHS - 2 YEARS) - CONFIDENCE BUILDING & COGNITIVE PLAY

Juvenile Eclectus parrots begin to assert themselves and explore their environment more boldly. Enrichment should support their developing confidence and stimulate their highly intelligent minds.

Toys: Foraging toys, shreddable items, puzzle feeders, and toys with moving parts or hidden treats.

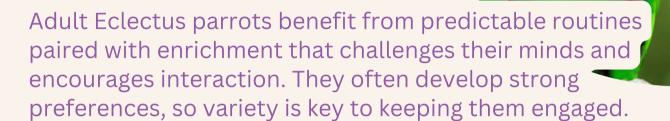
Activities: Target training, step-up practice, gentle foraging games, and supervised time exploring play stands.

Environment: A large cage or play space with natural perches, safe chewables, and new textures to explore.

Nutritional Enrichment: Use food-dispensing toys filled with chopped fruits and vegetables, including leafy greens like romaine lettuce and seasonal produce like berries or corn.

#### **ECLECTUS PARROTS**

ADULT (2 - 25 YEARS) - ROUTINE, CHALLENGE & CONNECTION



Toys: Rotating puzzle toys, natural foraging trays, and items that reward problem-solving behaviors.

Activities: Advanced training (such as object sorting), exploring outdoor aviaries (if available), and safe supervised time with family members.

Environment: Spacious enclosure with frequent rearrangement, variety in perch types, and quiet zones for alone time.

Nutritional Enrichment: Rotate seasonal produce (like pomegranate, squash, or kiwi) and hang leafy greens (e.g., romaine lettuce or Swiss chard) throughout the enclosure for active grazing and visual appeal.

#### **ECLECTUS PARROTS**

SENIOR (25+ YEARS) – COMFORT, FAMILIARITY & GENTLE ENGAGEMENT

Senior Eclectus parrots often slow down, but they still enjoy calm interaction and low-effort enrichment that keeps their senses engaged and supports their health.

Toys: Lightweight toys, foraging mats, and easy-tomanipulate puzzle feeders.

Activities: Soft music, gentle preening sessions, and calm, quiet one-on-one time.

Environment: A well-padded, easy-to-navigate space with soft perches and clear sightlines to familiar caregivers.

Nutritional Enrichment: Continue offering fresh produce with softer textures—like ripe melon or steamed carrots—and leafy greens such as romaine lettuce tucked in low perches for easy access.



## TIPS FOR SUCCESS



- FRESH IS BEST: ECLECTUS PARROTS THRIVE ON FRESH FRUITS AND VEGGIES—OFFER THEM IN FUN, CREATIVE WAYS LIKE SKEWERS OR FORAGING TOYS.
- STICK TO A SCHEDULE: A STEADY ROUTINE WITH PLAY, SOCIAL TIME, AND REST HELPS THESE PARROTS FEEL SECURE AND BALANCED.
- KEEP IT CALM: CHOOSE GENTLE, LOW-KEY ENRICHMENT—ECLECTUS PARROTS DO BEST IN PEACEFUL, SOOTHING ENVIRONMENTS.
- CHANGE IT UP WEEKLY: EVEN MELLOW BIRDS NEED VARIETY. ROTATE TOYS AND SETUPS REGULARLY TO KEEP THINGS INTERESTING.
- GET CREATIVE WITH FOOD:
  ECLECTUS PARROTS CAN BE
  PICKY—INTRODUCE NEW
  PRODUCE SLOWLY AND MAKE IT
  VISUALLY APPEALING.