PET BIRD ENRICHMENT TOOL

CONURES

Tailored Enrichment Plans for Every Stage of Your Bird's Life

CONURES

BABY (0-6 MONTHS) -LEARNING THROUGH PLAY & EXPLORATION

At this stage, baby conures are discovering the world. Enrichment should support their physical development, help them build confidence, and encourage gentle social bonding.

Toys: Soft chewable toys made from paper, palm leaf, or fabric; small bells; and foot toys with varying textures.

Activities: Daily handling, talking to them softly, and supervised time outside the cage for exploration.

Environment: A secure and cozy setup with low perches and multiple safe textures for sensory stimulation.

Nutritional Enrichment: Offer soft, colorful fruits like mashed banana or steamed carrots and chopped leafy greens such as romaine lettuce to spark curiosity and promote healthy habits.



CONURES

JUVENILE (6 MONTHS – 2 YEARS) – HIGH ENERGY & RAPID LEARNING

Young conures are full of energy and curiosity. This stage is perfect for introducing training, building independence, and providing a wide range of interactive experiences.

Toys: Foraging toys, shreddable wood, hanging toys, and anything that can be pulled apart safely.

Activities: Clicker training, recall practice, and short sessions of supervised flight or climbing play gyms.

Environment: A stimulating space with ladders, swings, and varied perch materials for climbing and movement.

Nutritional Enrichment: Hide seasonal fruits (such as apple slices or berries) and dark leafy greens (like romaine lettuce or kale) in foraging cups or wrapped in paper for food-finding fun.



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ADULT (2 – 15 YEARS) – ACTIVE, SOCIAL & INTELLIGENT

Adult conures remain very playful but may settle into preferences for specific types of toys and routines. Mental stimulation is just as important as physical activity.

Toys: Puzzle toys, destructible items, foraging trays, and toys with moving parts to engage their problem-solving skills.

Activities: Advanced trick training, interactive play with mirrors (under supervision), and dancing to music.

Environment: A large, enriching enclosure with branches, ropes, and changing scenery to prevent boredom.

Nutritional Enrichment: Offer a rotating variety of seasonal produce—like squash, mango, or bell pepper—along with leafy greens such as romaine lettuce, placed in different spots to inspire active foraging.



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SENIOR (15+ YEARS) – MAINTAINING COMFORT WITH LIGHT STIMULATION

Senior conures may become a bit calmer but still need daily interaction and gentle stimulation to stay engaged and comfortable.

Toys: Softer toys, paper-stuffed boxes, and lightweight foot toys to accommodate aging beaks and feet.

Activities: Quiet one-on-one time, gentle preening interactions, and easy problem-solving games.

Environment: A cozy setup with soft perches, easily accessible food and water, and familiar enrichment items.

Nutritional Enrichment: Provide easy-to-chew seasonal fruits and steamed vegetables, with chopped leafy greens like romaine lettuce placed in visible, reachable spots.



TIPS FOR SUCCESS





BRIGHTEN THINGS UP: CONURES LOVE COLOR— MIX IN BOLD TOYS AND VARIED PLAY SETUPS TO KEEP THEM CURIOUS AND HAPPY.



SWITCH IT UP: ROTATE TOYS AND MOVE PERCHES WEEKLY TO KEEP THEIR SPACE FRESH AND FUN.



MAKE SNACKS A GAME: HIDE TREATS IN PAPER **OR SMALL BOXES TO TURN SNACK TIME INTO A** FUN FORAGING CHALLENGE.



PRIORITIZE PEOPLE TIME DAILY: **OUT-OF-CAGE TIME AND BONDING ARE ESSENTIAL—THESE SOCIAL BIRDS CRAVE CONNECTION.**



TURN UP THE TUNES: MANY **CONURES LOVE MUSIC.** WHISTLING, OR DANCING-**ENGAGE THEM WITH PLAYFUL** SOUNDS.



KNOW WHEN TO PAUSE: WATCH FOR SIGNS OF **OVERSTIMULATION: ADJUST** PLAY IF YOUR CONURE GETS **TOO EXCITED OR NIPPY.**