

PET BIRD ENRICHMENT TOOL



COCKATOO

Tailored Enrichment
Plans for Every Stage
of Your Bird's Life



SING. PLAY. BEAUTIFY.

SPECIES-SPECIFIC GUIDES

COCKATOO

BABY (0-6 MONTHS) – BUILDING TRUST & EARLY SOCIALIZATION

At this stage, baby cockatoos are learning about their environment and beginning to form bonds with their caregivers. Positive social experiences and gentle enrichment are essential for confidence and security.

Toys: Soft, chewable toys made from paper, fabric, or bird-safe leather to satisfy their need to explore textures.

Activities: Hand-feeding interactions, gentle talking, and exposure to a variety of sights and sounds in a calm environment.

Environment: A stable, cozy space with soft perches and plenty of opportunities for safe exploration.

Nutritional Enrichment: Introduce finely chopped leafy greens like romaine lettuce and soft, seasonal fruits such as mashed banana or steamed pumpkin.



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SPECIES-SPECIFIC GUIDES

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JUVENILE (6 MONTHS – 3 YEARS) – HIGHLY CURIOUS & LEARNING INDEPENDENCE

Young cockatoos are full of energy and eager to explore. They are naturally destructive, so providing plenty of safe outlets for chewing and problem-solving is crucial.

Toys: Shreddable wood toys, rope swings, and interactive puzzle toys that challenge their intelligence.

Activities: Basic trick training, supervised flight time, and structured play sessions to strengthen the bond with their owner.

Environment: A spacious cage with a variety of climbing structures, swings, and multiple perch types.

Nutritional Enrichment: Offer fresh leafy greens like romaine lettuce along with seasonal fruits (e.g., apple slices, berries, or bell peppers) placed in different areas to encourage foraging.



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SPECIES-SPECIFIC GUIDES

COCKATOO

**ADULT (3 – 40 YEARS) –
ACTIVE, SOCIAL & BONDING-
ORIENTED**

Adult cockatoos thrive on routine and need consistent mental stimulation to prevent boredom-related behaviors. They are highly affectionate and require daily interaction with their owners.

Toys: Large destructible wood toys, hanging ropes, and foraging boxes filled with treats.

Activities: Advanced trick training, mimicking games, problem-solving activities, and dancing or rhythm-based play.

Environment: A large aviary or cage setup with ropes, ladders, and a rotating selection of toys to maintain interest.

Nutritional Enrichment: Rotate seasonal fruits and vegetables such as carrots, squash, or leafy greens like romaine lettuce, placing them in puzzle feeders or hanging them to encourage active engagement.



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SPECIES-SPECIFIC GUIDES

COCKATOO

SENIOR (40+ YEARS) – MAINTAINING COMFORT & GENTLE STIMULATION

Older cockatoos may become less active but still require mental and physical engagement to stay happy and healthy. They may prefer predictable routines and softer enrichment activities.

Toys: Soft wood chew toys, easy-to-grip foot toys, and lightweight foraging materials.

Activities: Gentle one-on-one interactions, low-impact stretching exercises, and familiar social engagement.

Environment: Comfortable perches for joint support, a quiet resting area, and easy access to food and water.

Nutritional Enrichment: Offer softer seasonal produce like steamed sweet potato, ripe mango, or chopped leafy greens (romaine lettuce) in easy-to-reach locations.



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TIPS FOR SUCCESS



ROTATE TOYS FREQUENTLY: COCKATOOS ARE INCREDIBLY INTELLIGENT AND GET BORED EASILY. REGULARLY SWAP OUT TOYS TO KEEP THEM ENGAGED.



ENCOURAGE FORAGING: HIDE FOOD IN DIFFERENT LOCATIONS, USE FORAGING TOYS, OR WRAP TREATS IN PAPER TO ENCOURAGE NATURAL PROBLEM-SOLVING.



PRIORITIZE SOCIAL INTERACTION: COCKATOOS REQUIRE SIGNIFICANT SOCIAL TIME WITH THEIR OWNERS—DAILY ENGAGEMENT HELPS PREVENT BEHAVIORAL ISSUES.



OFFER SAFE CHEWING OUTLETS: THESE BIRDS HAVE A STRONG NEED TO CHEW; PROVIDING BIRD-SAFE WOOD AND SHREDDABLE MATERIALS PREVENTS DESTRUCTIVE BEHAVIOR.



INCORPORATE MUSIC AND DANCE: MANY COCKATOOS LOVE TO DANCE AND RESPOND WELL TO RHYTHMIC MUSIC—THIS CAN BE A FUN AND ENRICHING ACTIVITY.



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