# PET BIRD ENRICHMENT

# CANARIES

Tailored Enrichment Plans for Every Stage of Your Bird's Life

## SPECIES-SPECIFIC GUIDES

#### CANARIES

#### JUVENILE (0-6 MONTHS) – CURIOUS, LEARNING ତ DEVELOPING SONGS

Young canaries are full of energy and eager to discover their world. This stage is all about confidence, learning to fly, and, for males, finding their voice.

Toys: Soft chew toys, beginner foraging puzzles, lightweight foot toys

Activities: Hand-feeding, target training, sensory play with various textures

Enrichment: Soft rope perches, background music, supervised out-of-cage time

Mental Stimulation: Talking games, simple problemsolving toys, interactive play

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#### CANARIES

ADULT (6 MONTHS - 8 YEARS) - ACTIVE, SOCIAL & SONG-FOCUSED

Adult canaries are most vocal and active, thriving on a stimulating but predictable environment.



Toys: Millet holders, shreddable paper, and lightweight hanging toys.

Activities: Exposure to different sounds, such as gentle nature sounds and classical music, to encourage singing.

Environment: Spacious cage setup with horizontal flying space and fresh greens to encourage foraging behavior.

Nutrition: Rotate leafy greens high in beta carotene, like romaine lettuce or dandelion greens, placing them at different heights to make mealtime more engaging.

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#### CANARIES

#### SENIOR (8+ YEARS) – CALMER, PREFERRING COMFORT & ROUTINE

Older canaries may sing less and move at a slower pace, but they still benefit from gentle stimulation.



Toys: Soft perches and easy-to-access treat stations.

Activities: Familiar sounds and gentle social interaction.

Environment: Warmer cage location, soft lighting, and easily reachable food and water.

Nutrition: Provide softer, easy-to-eat fresh greens like romaine or finely chopped leafy vegetables, ensuring they remain within easy reach to encourage gentle foraging.

## **TIPS FOR** SUCCESS





LET THEM FLY – A ROOMY CAGE OR SAFE OUT-OF-CAGE TIME KEEPS THEM ACTIVE AND HEALTHY.



SUPPORT THEIR SONG - SOFT MUSIC OR **NATURAL SOUNDS CAN INSPIRE SINGING, ESPECIALLY IN MALES.** 



**KEEP IT LIGHT - SWINGS, PAPER TOYS, AND LEAFY GREENS OFFER FUN WITHOUT OVERWHELMING THEM.** 



STICK TO ROUTINE - CANARIES FEEL SAFEST WITH CONSISTENCY AND A CALM, COZY SPACE.



BE NEARBY - THEY'RE SOCIAL FROM A DISTANCE **—TALK SOFTLY OR SIT CLOSE TO BUILD TRUST.**