PET BIRD ENICHMENT TOOL



CAIQUES

Tailored Enrichment
Plans for Every Stage
of Your Bird's Life

CAIQUES

BABY (0-6 MONTHS) – CURIOUS, PLAYFUL & LEARNING THE WORLD

At this stage, your caique is a tiny bundle of energy!

They are developing coordination, learning social skills, and exploring everything. This is a crucial time to introduce new experiences and build trust.

Toys: Soft chewable wood and paper rolls for gentle beak exercise.

Activities: Hand-feeding, gentle handling, and introducing new sounds and objects.

Environment: Cozy perches, safe climbing ropes, and plenty of social interaction.

Nutrition: Introduce finely chopped leafy greens like romaine lettuce and soft, mashed seasonal fruits such as bananas or papaya to encourage healthy eating habits.



CAIQUES

JUVENILE (6 MONTHS - 5 YEARS) - HYPERACTIVE, BOLD & TESTING LIMITS

Young caiques are full of energy and love to climb, bounce, and wrestle. They need plenty of activities to prevent boredom and mischief.



Activities: Trick training, supervised wrestling with soft toys, and foot play.

Environment: Multiple perches, ladders, and a toy rotation system.

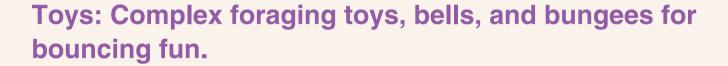
Nutrition: Offer a variety of fresh, seasonal fruits and vegetables, such as mango, bell peppers, and romaine lettuce, placing them in foraging toys to make mealtime fun and stimulating.



CAIQUES

ADULT (5-15 YEARS) - CONFIDENT, SOCIAL & HIGH-ENERGY

Adult caiques remain extremely playful but thrive on structure. They enjoy games, problemsolving, and interaction with their humans.



Activities: Advanced training, hide-and-seek, and social play with trusted humans.

Environment: Space for climbing, interactive feeding stations, and scheduled out-of-cage time.

Nutrition: Introduce new seasonal produce regularly, such as berries, zucchini, or steamed sweet potatoes, hiding pieces inside puzzle feeders or wrapping them in paper for added foraging fun.



CAIQUES

SENIOR (15+ YEARS) – PLAYFUL BUT SLOWING DOWN

Older caiques may slow down slightly but still need daily stimulation to stay happy and healthy.



Toys: Softer chew toys, easier-to-solve foraging puzzles, and comfort items.

Activities: Gentle stretching exercises, quiet interaction, and familiar games.

Environment: Soft perches, easy-to-access food dishes, and a warm, secure resting space.

Nutrition: Provide easy-to-eat seasonal fruits like ripe peaches, cooked squash, and tender leafy greens such as romaine lettuce, ensuring they remain within easy reach to promote natural foraging behaviors.



TIPS FOR SUCCESS



- SWITCH IT UP ROTATE TOYS AND ACTIVITIES OFTEN TO KEEP CURIOUS MINDS BUSY.
- ENCOURAGE MOVEMENT OFFER ROPES, LADDERS, AND SOFT LANDINGS FOR ALL THEIR BOUNCING AND CLIMBING.
- MAKE IT SOCIAL DAILY PLAY, TRICK TRAINING, AND SUPERVISED OUT-OF-CAGE TIME BUILD TRUST AND JOY.
- ADD FORAGING FUN USE PUZZLE TOYS OR PAPER BUNDLES TO HIDE TREATS AND SPARK PROBLEM-SOLVING.
- BALANCE THE ENERGY –
 GIVE THEM COZY SPOTS TO
 REST AND ENSURE QUIET,
 DARK SLEEP TIME.

