

# PET BIRD ENRICHMENT TOOL



## CAIQUES

Tailored Enrichment  
Plans for Every Stage  
of Your Bird's Life

**SING. PLAY. BEAUTIFY.**

# SPECIES-SPECIFIC GUIDES

## CAIQUES

### **BABY (0-6 MONTHS) – CURIOUS, PLAYFUL & LEARNING THE WORLD**

At this stage, your caique is a tiny bundle of energy! They are developing coordination, learning social skills, and exploring everything. This is a crucial time to introduce new experiences and build trust.

**Toys:** Soft chewable wood and paper rolls for gentle beak exercise.

**Activities:** Hand-feeding, gentle handling, and introducing new sounds and objects.

**Environment:** Cozy perches, safe climbing ropes, and plenty of social interaction.

**Nutrition:** Introduce finely chopped leafy greens like romaine lettuce and soft, mashed seasonal fruits such as bananas or papaya to encourage healthy eating habits.



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# SPECIES-SPECIFIC GUIDES

## CAIQUES

**JUVENILE (6 MONTHS – 5 YEARS) – HYPERACTIVE, BOLD & TESTING LIMITS**

Young caiques are full of energy and love to climb, bounce, and wrestle. They need plenty of activities to prevent boredom and mischief.

**Toys:** Climbing ropes, swings, shreddable toys, and puzzle feeders.

**Activities:** Trick training, supervised wrestling with soft toys, and foot play.

**Environment:** Multiple perches, ladders, and a toy rotation system.

**Nutrition:** Offer a variety of fresh, seasonal fruits and vegetables, such as mango, bell peppers, and romaine lettuce, placing them in foraging toys to make mealtime fun and stimulating.



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## CAIQUES

**ADULT (5–15 YEARS) –  
CONFIDENT, SOCIAL & HIGH-  
ENERGY**

Adult caiques remain extremely playful but thrive on structure. They enjoy games, problem-solving, and interaction with their humans.

**Toys:** Complex foraging toys, bells, and bungees for bouncing fun.

**Activities:** Advanced training, hide-and-seek, and social play with trusted humans.

**Environment:** Space for climbing, interactive feeding stations, and scheduled out-of-cage time.

**Nutrition:** Introduce new seasonal produce regularly, such as berries, zucchini, or steamed sweet potatoes, hiding pieces inside puzzle feeders or wrapping them in paper for added foraging fun.



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## CAIQUES

### SENIOR (15+ YEARS) – PLAYFUL BUT SLOWING DOWN

Older caiques may slow down slightly but still need daily stimulation to stay happy and healthy.

**Toys:** Softer chew toys, easier-to-solve foraging puzzles, and comfort items.

**Activities:** Gentle stretching exercises, quiet interaction, and familiar games.

**Environment:** Soft perches, easy-to-access food dishes, and a warm, secure resting space.

**Nutrition:** Provide easy-to-eat seasonal fruits like ripe peaches, cooked squash, and tender leafy greens such as romaine lettuce, ensuring they remain within easy reach to promote natural foraging behaviors.



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# TIPS FOR SUCCESS



**SWITCH IT UP – ROTATE TOYS AND ACTIVITIES OFTEN TO KEEP CURIOUS MINDS BUSY.**



**ENCOURAGE MOVEMENT – OFFER ROPES, LADDERS, AND SOFT LANDINGS FOR ALL THEIR BOUNCING AND CLIMBING.**



**MAKE IT SOCIAL – DAILY PLAY, TRICK TRAINING, AND SUPERVISED OUT-OF-CAGE TIME BUILD TRUST AND JOY.**



**ADD FORAGING FUN – USE PUZZLE TOYS OR PAPER BUNDLES TO HIDE TREATS AND SPARK PROBLEM-SOLVING.**



**BALANCE THE ENERGY – GIVE THEM COZY SPOTS TO REST AND ENSURE QUIET, DARK SLEEP TIME.**

