

PET BIRD ENRICHMENT TOOL



AMAZON PARROT

Tailored Enrichment
Plans for Every Stage
of Your Bird's Life



SING. PLAY. BEAUTIFY.

SPECIES-SPECIFIC GUIDES

AMAZON PARROT

BABY (0-6 MONTHS) – CURIOUS & LEARNING THE WORLD

Your baby Amazon is energetic and eager to explore! This stage is crucial for building trust, socialization, and motor skill development.

Toys: Small swings, gentle bells, and soft rope perches.

Activities: Free flight time in a safe, enclosed space to strengthen muscles.

Environment: Soft background music to encourage singing, varied perches for foot health.

Nutrition: Introduce fresh leafy greens, such as romaine lettuce, placed in different spots to encourage foraging and natural curiosity.



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JUVENILE (6 MONTHS – 5 YEARS) – PLAYFUL, ENERGETIC & TESTING BOUNDARIES

Young Amazons are active and love to explore, requiring constant mental and physical stimulation.

Toys: Challenging foraging puzzles, shreddable materials, climbing structures

Activities: Trick training, flight recall, interactive play like tug-of-war

Enrichment: Varied perches, outdoor exposure, rotating toys

Mental Stimulation: Puzzle feeders, learning new words, socialization with family



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ADULT (5–35 YEARS) – INTELLIGENT, SOCIAL & ROUTINE-ORIENTED

Adult Amazons thrive on structure, social interaction, and mental challenges to prevent boredom.

Toys: Complex foraging puzzles, swings, independent play items

Activities: Advanced trick training, speech in context, dancing sessions

Enrichment: Rotating toys, multi-level cage setup, safe chew materials

Mental Stimulation: Treat hide-and-seek, supervised bird interactions, practical command training



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SENIOR (35+ YEARS) – COMFORT-SEEKING & SLOWING DOWN

Aging Amazons require a comfortable environment, gentle activities, and continued mental engagement.

Toys: Softwood chews, simple foraging toys, fleece perches

Activities: Gentle stretching exercises, slow-paced training, quiet social time

Enrichment: Soft, easy-to-grip perches, lower perches for accessibility, warm cage setup

Mental Stimulation: Soft music, familiar words and songs, low-effort problem-solving toys



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TIPS FOR SUCCESS



ROUTINE MANAGEMENT: TIPS FOR SETTING A CONSISTENT SCHEDULE.



SAFE HOUSEHOLD ENVIRONMENT CHECKLIST



TIPS ON HOW TO SAFELY INTRODUCE OUTDOOR ACTIVITIES.

